



सत्यमेव जयते



Indian Council for Cultural Relations  
भारतीय सांस्कृतिक संबंध परिषद्

**HIGH COMMISSION OF INDIA, LILONGWE**

ORGANIZES AN

# Online Quiz Contest

*On the occasion of*

**6<sup>th</sup> International Day of Yoga 2020**

**Ghar Ghar Se Yoga - Yoga from Home**  
**17 June 2020**

**From 11.00 AM to 4.00 PM**

20 questions on different theoretical and practical aspects of Yoga (each with four options) will be posted through a link on Mission's Website ([www.hcililongwe.gov.in](http://www.hcililongwe.gov.in)), Facebook and Twitter handle "India in Malawi" at 11 AM on 17 June 2020.

**Participation:** Persons living in Malawi will be eligible to participate in this Contest.

**How to answer:** Please follow the link available on the High Commission's Facebook Page and Twitter Handle for this online quiz and answer questions by selecting your choice for each question.

**Winner:** The first three persons who answer maximum questions correctly within the shortest time will be declared winners. The quiz is open between 11 AM to 4 PM.

**Prizes:** The first 3 quick winners will be notified. The winners will be awarded prizes during an event, notification of which will be conveyed separately.